

# Teacher Training Application Form 2008

Please fill out the following form and return it with your completed teacher recommendation form and deposit to Willow Street Yoga Center. Applications will be reviewed by our faculty. Acceptance will be based on the applicant's perceived dedication and willingness to espouse the principles of the art, science, and philosophy of Anusara Yoga. We are interested in working with people who will, upon completion of the course, be willing to dedicate themselves to furthering the principles behind Anusara Yoga and who will seek to teach those ideals in a safe and nurturing way. Feel free to attach additional pages. **Due by December 16, 2007.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Date of Application \_\_\_\_\_

Email Address \_\_\_\_\_

Phone Number \_\_\_\_\_

1. How long have you been studying yoga? \_\_\_\_\_

2. Who is your regular teacher? Please include location and phone number. \_\_\_\_\_

3. Other than Anusara, what other systems of yoga have you studied and for how long? \_\_\_\_\_

4. Please describe in terms of length and frequency your regular yoga practice. (Does it include pranayama, meditation, or prayer?) \_\_\_\_\_

5. List any current limitations that may affect your participation. \_\_\_\_\_

6. Do you meet all the pre-requisites as stated in our brochure? \_\_\_\_\_

Where did you take your Immersion? \_\_\_\_\_



